

HEALTH PSYCHOLOGY

Faculty of Educational Sciences

Study program: Bachelor in Psychology

Course Title: Health Psychology

Course Credits: 9

Language of Instruction: Albanian

Course Description: The course "Health Psychology" has an annual extension (30 weeks). The program is divided into two parts. Part I (first) includes 15 topics such as: Health support and health behavior practice; The important role played by psycho-social factors in health habits; Modification of health behaviors etc. Part II (second) also includes 15 topics such as: Use of health services; Patient-practitioner interaction; Pain and its management, etc.

Course Goals: The objective of the course is to develop students' ability to: understand and use different models of health, disease, and health behaviour; understand the major research findings and concepts in health psychology; understand how health care practitioners can apply health psychology theories and research to improve health and health care; use the vocabulary and concepts of health psychology.

Course Requirements: The final assessment will be reflected in the amount of points that students have accumulated based on the following:

- Active participation in the seminars hours - 15 points (maximum).
- Course assignment - 15 points (maximum).
- Mid-term exam -10 points (maximum).
- Final written exam - 60 points (maximum).

Grading: Grade 10 (96-100 points); Grade 9 (86-95 points); Grade 8 (76-85 points); Grade 7 (66-75 points); Grade 6 (56-65 points); Grade 5 (45-55 points); Grade 4 (less than 45 points).

Course Schedule: The course "Health Psychology" has an annual extension (30 weeks, with weekly academic workload 2/1 (2 hours lectures, one hours seminars). Seminars attendance is mandatory not less than 75% of hours.